

St Mary Magdalen's RCVA Primary School

PE Curriculum Statement

NATIONAL CURRICULUM PURPOSE OF STUDY

THE NATIONAL CURRICULUM STATES THAT:

A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

In addition, at St Mary Magdalen's we ensure that our children understand the physical and mental health importance of being active every day. We ensure we provide enrichment opportunities throughout the year and daily opportunities for our pupils to be active.

NATIONAL CURRICULUM REQUIREMENTS FOR SUBJECT CONTENT AT KS₁

Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competition (both against self and against others) and take part in co-operative physical activities, in a range of increasingly challenging situations.

Pupils are taught to:

- Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and coordination, and begin to apply these in a range of activities
 - Participate in team games, developing simple tactics for attacking and defending
 - Perform dances using simple movement patterns.
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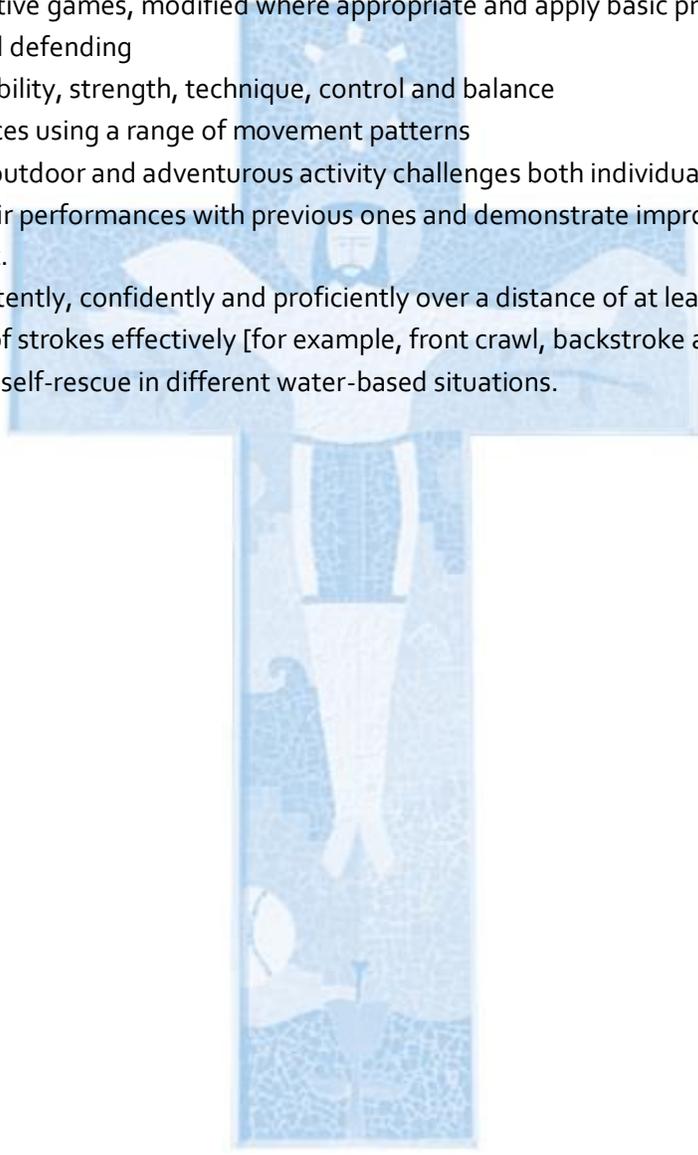
NATIONAL CURRICULUM REQUIREMENTS FOR SUBJECT CONTENT AT KS₂

Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of

how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

Pupils are taught to:

- Use running, jumping, throwing and catching in isolation and in combination
- Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending
- Develop flexibility, strength, technique, control and balance
- Perform dances using a range of movement patterns
- Take part in outdoor and adventurous activity challenges both individually and within a team
- Compare their performances with previous ones and demonstrate improvement to achieve their personal best.
- Swim competently, confidently and proficiently over a distance of at least 25 metres
- Use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]
- Perform safe self-rescue in different water-based situations.



CURRICULUM INTENT

At St Mary Magdalen's R.C, we aim to provide an enjoyable, broad and balanced curriculum for children from EYFS to Year 6 through a high quality, safe and challenging physical education programme, which is in line with the National Curriculum.

We intend to build a high quality, progressive approach to physical development, which is inclusive to all.

All children will develop competence and control in gross and fine motor skills and will be given opportunities to demonstrate what they know and understand how to apply their skills.

We aim to make P.E lessons and sport enjoyable, which help to develop pupils' stamina, suppleness, strength and resilience.

We aim to create a variety of opportunities to allow children to work collaboratively, be imaginative and communicate their ideas as both individuals and as part of a group. There will be opportunities for participating in competitive sports, which are appropriate to the stage of the individual pupil's development and these will be celebrated in school and the wider community.

Underpinning all of this, we intend to promote how P.E and sport are an important part of a healthy, active lifestyle and hope that pupils understand the contribution physical activity has on having a healthy body and mind. Children will be educated about their own and others' safety as well as personal hygiene.

CURRICULUM IMPLEMENTATION

SEQUENCE

PE is a foundation subject in the National Curriculum. Our school uses the objectives from the curriculum as the basis for the planning in PE. Planning is progressive and begins with basic skills which are then applied and practised in a range of contexts and with increasing demand, competition and complexity. We follow a progressive sequence of units based on Core Tasks. Each area has carefully mapped and sequenced skills.

In Key Stage 1, children are taught a range of sporting activities through which they will develop their balance, agility and co-ordination. These skills are taught through dance, games, multi-skills and gymnastics lessons.

In Key Stage 2, children are taught dance, games (invasion, striking and fielding, net), gymnastics, outdoor and adventurous and athletics. During KS2, pupils have the opportunity to receive training in sports or games leadership and take a role in promoting active playtimes. In addition, swimming and water safety is taught in Year 3, with the expectation that all children leave being able to confidently swim 25m and perform safe self rescue. Those that do not achieve this, are given further opportunities to do this.

All children take part in competitive sport during lessons and are encouraged to strive for personal best in their own fitness. All children have the opportunity to take part in festivals e.g. Outdoor and Adventurous. Children of all abilities have the opportunity to play competitively against other schools within our Sports Partnership and local football links. Competitions link directly to the curriculum plan with skills and games being taught prior to competition.

TEACHING & LEARNING

We teach and promote the physical development of our children in the reception class as an integral part of their work. We relate the physical development of the children to the objectives set out in the Early Learning Goals, which underpin the curriculum planning for children aged three to five years of age. We encourage the children to develop confidence and control of the way they move, and the way they handle equipment. We give all children the opportunity to undertake activities that offer appropriate physical challenge, both indoors and outdoors, using a wide range of resources to support specific skills.

All KS1 and KS2 children (Year 3-6) receive a minimum of 2 hours of PE teaching a week. We use a variety of teaching and learning styles in PE lessons.

Teacher subject knowledge and confidence is reviewed regularly and provision made through the Sports Partnership for half termly team teaching as well as CPD opportunities. Planning and resources are stored centrally so teachers can access them for further years. Priority for CPD is given to teachers new to the school or to a year group. All PE is taught by teachers or an HLTA with responsibility for teaching and learning in school.

EXTRA CURRICULAR PE OPPORTUNITIES

At St Mary Magdalen's, we provide a variety of sporting opportunities during lunchtimes and at the end of the school day. These encourage children to further develop their skills in a range of activity areas. We monitor club registers to ensure our least active children are invited to clubs. These sporting clubs are free to attend and change each half term in the school year. We also have links with external clubs such as Grass Roots.

SPECIAL EDUCATIONAL NEEDS

All PE lessons are tailored to the needs of the children in the class. The teachers/coaches model activities as well as providing different levels of difficulty to support less able pupils and lesson are adapted to be inclusive of physical disabilities. Our KS2 SEND pupils compete in Boccia and New Age Kurling competitions against other schools.

SPIRITUAL, MORAL, SOCIAL & CULTURAL DEVELOPMENT

The teaching of PE offers opportunities to support the social development of our children through the way we expect them to work with each other in lessons. Pupils learn that being active has a positive effect on mental well-being and why it is important to find some time to be active each day. We teach pupils the values set out in the School Games: determination, honesty, passion, self-belief, teamwork and respect.

We recognise our role in challenging class and gender stereotypes within sport and fitness and we enable our pupils to experience a broad range of sports and ways to be healthy and active. We celebrate the sporting heritage of Seaham and the North East by forging links with local sports clubs

e.g. cricket, rugby, football, gymnastics, dance and judo by inviting them into school for taster or coaching sessions and promoting these clubs with our families.



CURRICULUM IMPACT

ASSESSMENT & RECORDING

Teachers assess children's work in PE by making informal judgements against objectives at the end of blocks of work. Concerns about pupil performance in PE may be discussed with the SENCO or PLT. The PLT collates judgements each half term. This is used to inform targeted support as necessary e.g. directing teachers from the ESSP to support in different classes.

At the end of the year, the class teacher makes a summary judgement about the work of each pupil in relation to the skills they have developed in-line with the National Curriculum in England 2014 and these are reported to parents as part of the child's annual school report. We use this as the basis for assessing the progress of the child and we pass this information on to the next teacher at the end of the year.

MONITORING & REVIEW

The monitoring of the standards of children's work and of the quality of teaching through monitoring planning, lessons and pupil voice in PE is the responsibility of the PLT and Head Teacher.

The work of the PLT also involves supporting colleagues in the teaching of PE, being informed about current developments in the subject, and providing a strategic lead and direction for the subject in the school. Pupils and staff also have opportunities informally and more formally to make suggestions e.g. through Sports Leaders, and in curriculum staff meeting time.

EXTERNAL VERIFICATION

We work closely with the Easington and Seaham Sports Partnership to review and improve our provision. We have achieved School Games Silver last year and Bronze in the Young Leaders award.